



Pickleball Scotland Coaching Awards

Pickleball Scotland Ambassador

The role of an Ambassador is to help grow the number of people playing Pickleball around Scotland by introducing the game to people for the first time. The main aim of the Pickleball Scotland approach is to introduce the game using the Pickleball Scotland values. In essence this means to ensure safety and enjoyment and avoid over technical coaching so that when people are introduced to the game they want to come back for more!

To become an Ambassador players who have been playing for at least 6 months can attend a two hour training session in which they learn our 5 key principles to introducing the game. These principles are:

1. Ensure that safety is provided
2. Provide a very brief history
3. Introduce the rules bit by bit not all at once
4. Introduce people to the 5 core values of Pickleball Scotland
5. Try not to over-coach at this early stage

Opportunities to attend the training workshops are offered throughout the year. So far we have trained over 100 Ambassadors in various locations. If you or your club would like to offer an introduction to the game for newcomers please ask one of the qualified Ambassadors to do this. You can find the list of Ambassadors [xxxx](#)

Having attended the training Ambassador receive a certificate and a booklet reminding them of the Pickleball Scotland approach and a laminated copy of the rules. The rules can also be downloaded and printed from [xxx](#)

Pickleball Scotland Club Coach

The aim of this award is to enable participants to have the skills to do club coaching, run a coaching clinic, and do individual coaching.

In order to qualify to attend the workshops for this award you should be a Pickleball Scotland Ambassador or have a Pickleball coaching



qualification from another organisation or have high level coaching skills from another racket sport. In all cases you should have been playing pickleball for at least 6 months.

The training workshops for this award are offered in two four-hour sessions. Part 1 covers the fundamental techniques, introduction to coaching skills and reflective thinking. Part 2 involves more strategic thinking with options for serve, serve return, third shot, net play, communications and further work on coaching principles.

After doing the two workshops and related reflective activities participants will be able to:

- Demonstrate all the fundamental skills
- Show various options for serve, return, third shot and dink shots
- Facilitate practice and conditioned games for all the fundamental shots and communication
- Be able to use three different coaching styles
- Identify key coaching attributes and be able to reflect on your own coaching
- Know where to find resources about organising various club events

We offer training workshops one or two times each year depending on demand. Please do get in touch if you would like to undertake a club coaching award.

If you or your club would like to have a coaching clinic please see the list of qualified Pickleball Scotland Club coaches at xxx.